

# Scriptural Confession Worksheet

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The purpose of this exercise: Much has been said and taught about the power of words and scriptural confession. The emphasis on speaking right words is vital, however usually when we receive teaching in this area, one of two things takes place, either 1) we are not told *what* to confess, or 2), we are simply given *someone else's* confession, which we then take and try to use ourselves. While #1 is totally inadequate, #2 can become almost useless if we do not take the confessions and *make them our own* by taking the time to do our own thought and study. In this exercise, I am presenting 14 different areas of which I believe it is important to make regular (even daily) scriptural confessions.

What to do with this exercise: It is *your job* to determine what you are to confess. In each subject area, 1) find at least 3 appropriate scriptures, and then 2) write 1 or 2 confessions based on the scriptures you have found. *You are not alone in this exercise!* I first wrote this exercise for our local fellowship, and now I'm sharing it with you. In our fellowship, we are studying together. We will compare notes with one another, and eventually, we intend to share some scriptural confessions with you. However, I want to emphasize that a confession that *you write* is better than one that someone else gives you – so even after we do share our thoughts, try to use them to enhance your work, rather than replace it.

May the Lord bless you as you study!



*...The measure of thought and study you give to the truth you hear will be the measure of virtue and knowledge that comes back to you – and more besides will be given to you... (Mark 4:24 Amp)*

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*Things I will confess regularly:*

### 1) The Lordship of Jesus in every area of my life.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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### 2) My oneness with God.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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### 3) My fellowship with, dependence on and fullness of the Holy Spirit.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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### 4) My ability to hear God's voice and receive wisdom, guidance and understanding.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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### 5) My sanctification, growth in Christ and spiritual development.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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### 6) Favor with God and man.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 7) The love of God at work within me.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 8) A strong, well disciplined mind.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 9) My power over demons.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 10) Strong marriage, strong family and strong relationships (as applicable).

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 11) Healing, health, wholeness, strength and longevity.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 12) Abundant provision, material and financial wealth and diligence in work.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 13) Fruitfulness in ministry.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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## 14) Strong faith and victory.

Scriptures: \_\_\_\_\_

Confessions: \_\_\_\_\_

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