

CONFESSION FOR THE BODY

(Place your hands on your body as you say this)

This is my body. This is the temple of the Holy Ghost. I sanctify this temple, and I declare that I am preserved – spirit, soul and body – unto the coming of the Lord Jesus Christ.

I declare that there is nothing in this body that my enemy, the devil, has access to. Therefore, not only do I resist sin, but I resist, and I reject, sickness and disease.

The Word of God tells me that Jesus took my infirmities and bore my sicknesses. What He took, I don't have to take. What He bore, I don't have to bear. Therefore, I am free of sickness, disease, infirmity, weakness and pain. Jesus said, 'Whom the Son sets free is free indeed' so I am completely free!

The Word also tells me that the same spirit that raised Jesus from the dead also quickens (makes alive and heals) my mortal body. The life of God is in me NOW, quickening, making alive and healing my mortal flesh. Thank you, Lord! I am free!

(Scriptures: 1 Corinthians 6:19-20, 1 Thessalonians 5:23, John 14:30, James 4:7, Matthew 8:17, John 8:36, Romans 8:11)